





January

poh ਪੋਹ / magh ਮਾਘ
ਬਿਕ੍ਰਮੀ ੨੦੮੦, ਨਾਨਕਸ਼ਾਹੀ ੫੫੫

Title: Kisaan Andolan
Medium: Acrylic on Canvas
Artist: Balkishan Jhumat, UK
@balkishan_jhumat_artist
Commissioner: Rajinder Singh Bassi



The Kisaan Andolan: A Beacon of Unity and Hope

The Kisaan Andolan, India's Farmers' Protest, began in late 2020 against controversial agricultural reform bills proposed by the Indian government. It was seen as a threat to the livelihoods of generations of farmers as it sought to abolish the traditional procurement system in place.

What made this protest extraordinary is the unity it forged amongst farmers from all backgrounds; transcending boundaries and embodying the rich tapestry of Indian culture.

Amidst the protests, the spirit of seva (selfless service) beamed brightly; exemplifying the essence of humanity ingrained in Sikhi.

The Kisaan Andolan also rekindled interest in age-old principles of 'Sarbat da Bhala' (well-being of all) and 'Chardikala' (unwavering optimism), which became rallying cries for those standing up for the rights of others as well as their own.

Modern history has no better example of the indomitable spirit of India's farmers, a beacon of hope that reminds us of the power of unity and collective action.

13	Festival Lohri	੧੩	ਮੇਲਾ ਲੋਹੜੀ
17	Parkash Guru Gobind Singh Ji	੧੭	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ
18	Birth of Bhai Himmat Singh Ji	੧੮	ਜਨਮ ਦਿਨ ਭਾਈ ਹਿੰਮਤ ਸਿੰਘ ਜੀ
27	Birth of Baba Deep Singh Ji	੨੭	ਜਨਮ ਦਿਨ ਬਾਬਾ ਦੀਪ ਸਿੰਘ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
24	25	26	27	28	29	30
31	1 New Years Day	2	3	4	5	6
7	8	9	10	11	12	13
14 ਸ: magh	15 Martin Luther King Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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੯	੧੦	੧੧	੧੨	੧੩	੧੪	੧੫
੧੬	੧੭ 1	੧੮ 2	੧੯ 3	੨੦ 4	੨੧ 5	੨੨ 6
੨੩ 7	੨੪ 8	੨੫ 9	੨੬ 10	੨੭ 11	੨੮ 12	੨੯ 13
੧	੨	੩	੪	੫	੬	੭

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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੮ 21	੯ 22	੧੦ 23	੧੧ 24	੧੨ 25	੧੩ 26	੧੪ 27
੧੫ 28	੧੬ 29	੧੭ 30	੧੮ 31	੧੯	੨੦	੨੧
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੨੯	੩੦	੧	੨	੩	੪	੫



February

magh ਮਾਘ / **phagun** ਫੱਗਣ
ਬਿਕ੍ਰਮੀ ੨੦੮੦, ਨਾਨਕਸ਼ਾਹੀ ੫੫੫

Title: Guru Gobind Singh Ji
Medium: Minature Painting
Artist: Jatinder Singh Durhailay, UK
@jatindersinghdurhailay
Commissioner: Amardeep Sanghera



Around 1705, Guru Gobind Singh had made camp at Raikot, having managed to escape the deceitful army of Wazir Khan despite bearing witness to the martyrdom of his two elder sons during the Battle of Chamkaur.

He remained in Raikot whilst he awaited news of the fortunes of his mother Mata Gujri and his two younger sons, Sahibzaada Zoravar Singh and Sahibzaada Fateh Singh. They had become separated from him previously at the River Sirsa, and were suspected to be in Sirhind.

The chief of Raikot, Rai Kalha, was able to send his servant Noora Mahi to Sirhind without arousing suspicion as his sister resided there. Unfortunately, the news from Sirhind was dire.

Upon hearing the fate of the martyrdom of Sahibzaada Zoravar Singh and Sahibzaada Fateh Singh following the return of Noora Mahi, Guru Gobind Singh used a small blade from his kamarkasa to pluck the roots of the Kaahi plant from the ground. The Guru declared that just like this Kaahi plant, the roots of the Mughal tyrants will also be uprooted.

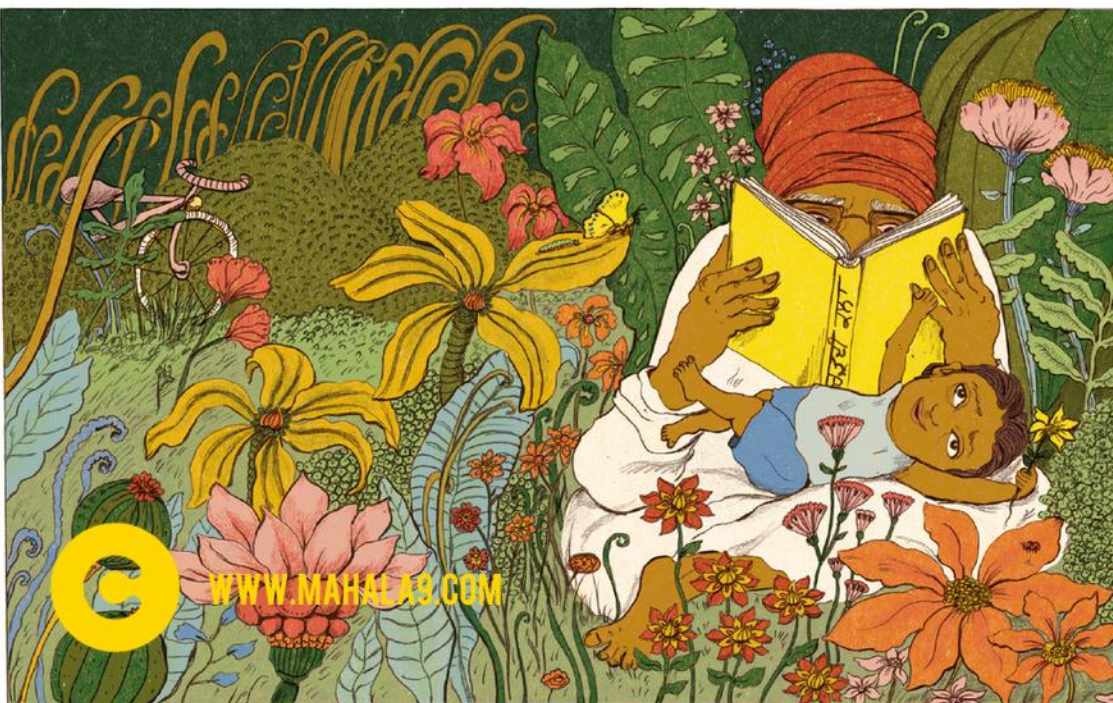
In this moment of torment and grief of a bereaved parent for a child, Guru Gobind Singh remained in Chardikala, and only saw the positive of what was to come.

12	Birth of Sahibzaada Ajit Singh Ji	੧੨	ਜਨਮ ਦਿਨ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੀ
22	Parkash Guru Har Rai Ji	੨੨	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਰਾਇ ਜੀ
24	Birth of Bhagat Ravidas Ji	੨੪	ਜਨਮ ਦਿਨ ਭਗਤ ਰਵਿਦਾਸ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
28	29	30	31	1	2	3
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11	12	13 ਸ: phagun	14	15	16	17
18	19	20	21	22	23	24
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magh ਮਾਘ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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phagun ਫੱਗਣ						
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੨੭	੨੮	੨੯	੩੦	੧	੨	੩



March

phagun ਫੱਗਣ / **chét** ਚੇਤ
ਬਿਕ੍ਰਮੀ ੨੦੮੦, ਨਾਨਕਸ਼ਾਹੀ ੫੫੫-੬

Title: Bhagat Puran Singh
Medium: Mixed Media Illustration
Artist: Baljinder Kaur, UK
@blahjinder
Commissioner: Jasdeep Chahal



The One who has given a home to the homeless,
Honour to the dishonoured,
Who has fulfilled all desires,
Day, night, with every breath and with every morsel of
food, meditate on the One.

Guru Arjun Dev Ji

Praise to Bhagat Puran Singh, founder of the Pingal-
wara Society; home for the crippled.

Bhagat Ji personified selfless service with a
hands-on approach, having been taught compas-
sionate virtues from an early age by his mother.

Born to a Hindu family in 1904, Bhagat Ji became
inspired by Sikhi and was initiated into the Khalsa.

Seeing the Oneness residing in all, Bhagat Ji spread
the fragrance of devotion with enthusiasm, springing
into action at every opportunity, remaining in Chardi-
kala with every breath.

He would be spotted carrying a disabled child, clear-
ing the streets of debris or researching diligently into
ecological solutions.

Though he did not attend higher educational institu-
tions, he became a learned philosopher and sage,
and taught the world about true service to humanity.

23	Martyrdom Sardar Bhagat Singh Ji	੨੩	ਸ਼ਹੀਦੀ ਸਰਦਾਰ ਭਗਤ ਸਿੰਘ ਜੀ
26	Festival Holla Mohalla Sri Anandpur Sahib	੨੬	ਮੋਲਾ ਹੋਲਾ ਮਹੱਲਾ, ਸ੍ਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
25	26	27	28	29	1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29 Good Friday	30
31	1	2	3	4	5	6

phagun ਫੱਗਣ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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੨੦ 3	੨੧ 4	੨੨ 5	੨੩ 6	੨੪ 7	੨੫ 8	੨੬ 9
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chét ਚੇਤ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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੪ 17	੫ 18	੬ 19	੭ 20	੮ 21	੯ 22	੧੦ 23
੧੧ 24	੧੨ 25	੧੩ 26	੧੪ 27	੧੫ 28	੧੬ 29	੧੭ 30
੧੮ 31	੧੯	੨੦	੨੧	੨੨	੨੩	੨੪
੨੫	੨੬	੨੭	੨੮	੨੯	੩੦	੧
੨	੩	੪	੫	੬	੭	੮



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April

ਚੇਤ ਚੇਤ / vaisakh ਵੈਸਾਖ

ਬਿਕ੍ਰਮੀ ੨੦੮੦-੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Qazi Rukundin

Medium: Oil Painting on Canvas

Artist: Daljeet Singh, CA

@_daljeetsinghart

Commissioner: Baljinder Dhinsa

In the midst of Guru Nanak's fourth Udasi to the West, Qazi Rukunudin, initially sent to question and arrest Guru Nanak for causing a stir in Mecca, found himself on a spiritual journey. Guru Nanak responded to his inquiries with wisdom drawn from Hadiths, gradually enlightening Qazi Rukunudin about the universality of Guru Nanak's teachings.

Qazi Rukunudin underwent a profound transformation, recognising Guru Nanak as a spiritually wise leader for all of humanity. Embracing Sikhi, he became a devout follower of Guru Nanak's message, defying the pressures to renounce his newfound faith.

The path of Qazi Rukunudin took a courageous turn when Amir-e-Makkah demanded he abandon Sikhi or be punished by death. The Qazi was unyielding, and remained steadfast in his belief in Guru Nanak's teachings. As such, he became the first Sikh martyr (c.1510-1511).

7	Gurgaddi Guru Har Rai Ji	੨	ਗੁਰਿਆਈ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਰਾਇ ਜੀ
9	Gurgaddi Guru Amar Das Ji Birth of Sahibzaada Jhujaar Singh Ji	੯	ਗੁਰਿਆਈ ਸ੍ਰੀ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ ਜਨਮ ਦਿਨ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਜੁਝਾਰ ਸਿੰਘ ਜੀ
12	Jyoti Jot Guru Angad Dev Ji	੧੨	ਜੋਤੀ ਜੋਤ ਸ੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ
13	Jyoti Jot Guru Hargobind Ji Festival Vaisakhi	੧੩	ਜੋਤੀ ਜੋਤ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਗੋਬਿੰਦ ਜੀ ਮੇਲਾ ਵੈਸਾਖੀ
21	Gurgaddi Guru Tegh Bahadur Ji	੨੧	ਗੁਰਿਆਈ ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ
22	Jyoti Jot Guru Harkrishan Ji	੨੨	ਜੋਤੀ ਜੋਤ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਕ੍ਰਿਸ਼ਨ ਜੀ
29	Parkash Guru Tegh Bahadur Ji	੨੯	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ
30	Parkash Guru Arjan Dev Ji	੩੦	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
31	1 Easter Monday	2	3	4	5	6
7	8	9	10	11	12	13 ਸ: vaisakh
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੫	੨੬	੨੭	੨੮	੨੯	੩੦	੧
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May

vaisakh ਵੈਸਾਖ / jeth ਜੇਠ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Rababi
Medium: Mixed Media Art
Artist: Darsh Chetty, RSA
@darsh_illustration
Commissioner: Yashdeep Bhatti

The Rababis of Darbar Sahib carry a lineage dating back to Bhai Mardana, who was the 'saathi' (companion) of Guru Nanak Dev Ji.

Through this lineage, the generations of Rababis were highly respected by the Sikhs and continued to carry out seva (service) by performing Kirtan. The Rababis were seen as respected pillars of the community in Punjab, and upheld many Kirtan traditions that dated back to the times of Guru Nanak Dev Ji.

Tensions in India during the era of the British Raj, led to the partition of Punjab, resulting in the forced migration of Rababis to the newly formed country of Pakistan. With no patronage present in their new reality, menial jobs became their main source of income – the centuries-long lineage of Kirtan had become broken for many Rababis.

However, a small number were somehow able to preserve the art. To this day there remain Rababi families who maintain the same traditions as their forefathers with full faith and Chardikala; focusing on their love and devotion to Guru Nanak and the Almighty, regardless of their financial and homely circumstances.

As depicted, the voices of the Rababis continue to echo deeply within the walls of Darbar Sahib and within the history of the Sikhs with high spirits and pure devotion.

9 Parkash Guru Angad Dev Ji	੯ ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ
22 Parkash Guru Amar Das Ji	੨੨ ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ
31 Gurgaddi Guru Hargobind Ji	੩੧ ਗੁਰਿਆਈ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਗੋਬਿੰਦ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
28	29	30	1	2	3	4
5	6 Early May Bank Holiday	7	8	9	10	11
12	13	14 ਸ: jeth	15	16	17	18
19	20	21	22	23	24	25
26	27 Spring Bank Holiday	28	29	30	31	1
2	3	4	5	6	7	8

vaisakh ਵੈਸਾਖ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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jeth ਜੇਠ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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June

jeth ਜੇਠ / harh ਹਾੜ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Nineteen Eighty-Four
Medium: Fine Art
Artist: The Singh Twins, UK
@thesinghtwins_art

This artwork depicts the Indian Government's military attack (code-named 'Operation Blue Star') on the Sikh community's most holiest of shrines, 'Harmandir Sahib' (The Golden Temple), in 1984.

The painting was motivated by the artists' desire to redress the inadequate and biased media coverage of the event at the time which largely towed the official Government propaganda line - playing down the extent of physical damage caused to the holy site, as well as the fact that the main casualties were the thousands of pilgrims caught in the crossfire who had come to pay homage on one of the most important religious days in the Sikh calendar.

Through various symbolic details, the painting reflects on the suffering and personal sense of injustice felt by Sikhs world-wide and how they regarded 'Operation Blue Star' as a betrayal of their proven loyalty and sacrifice in the defence of India throughout history.

The work also has a universal dimension - placing this atrocity within the wider context of the suffering of innocent people and human rights abuses globally due to political greed and corruption.

4	Genocide Operation Blue Star 1984	੪	ਖੱਲੁਘਾਰਾ ਨੀਲਾ ਤਾਰਾ 1984
10	Shaheedi Guru Arjan Dev Ji	੧੦	ਸ਼ਹੀਦੀ ਸ੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ
18	Birth of Bhai Sahib Singh Ji	੧੮	ਜਨਮ ਦਿਨ ਭਾਈ ਸਾਹਿਬ ਸਿੰਘ ਜੀ
22	Parkash Guru Hargobind Ji	੨੨	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਗੋਬਿੰਦ ਜੀ
24	Birth Bhagat Kabir Ji	੨੪	ਜਨਮ ਦਿਨ ਭਗਤ ਕਬੀਰ ਜੀ
25	Martyrdom Baba Banda Singh Bahadur Ji	੨੫	ਸ਼ਹੀਦੀ ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
26	27	28	29	30	31	1
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9	10	11	12	13	14 ਸ: harh	15
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ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
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੨੦ 2	੨੧ 3	੨੨ 4	੨੩ 5	੨੪ 6	੨੫ 7	੨੬ 8
੨੭ 9	੨੮ 10	੨੯ 11	੩੦ 12	੩੧ 13	੧	੨
੩	੪	੫	੬	੭	੮	੯

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੭	੨੮	੨੯	੩੦	੩੧	੧ 14	੨ 15
੩ 16	੪ 17	੫ 18	੬ 19	੭ 20	੮ 21	੯ 22
੧੦ 23	੧੧ 24	੧੨ 25	੧੩ 26	੧੪ 27	੧੫ 28	੧੬ 29
੧੭ 30	੧੮	੧੯	੨੦	੨੧	੨੨	੨੩
੨੪	੨੫	੨੬	੨੭	੨੮	੨੯	੩੦
੩੧	੩੨	੧	੨	੩	੪	੫



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Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
30	1 Canada Day	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16 ਸ: sawan	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

July

harh ਹਾੜ੍ਹ / sawan ਸਾਵਣ

ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Akali Phula Singh

Medium: Hand Painting

Artist: Dilrani Kaur, US

@dilranikaur

Commissioner: Charanjit Purewal



Born on 14th January 1761 in the village of Sarinh, Punjab, Akali Phula Singh Nihang was a revered Sikh warrior known for his exceptional bravery.

The Battle of Nowshera, fought on 14th March 1823, was to become a defining moment in his legacy. In this battle Akali Phula Singh, alongside Maharaja Ranjit Singh and General Hari Singh Nalwa, faced Yusufzai Afghans, Peshawar Sardars and the forces of Azim Khan Barakzai, the Afghan governor of Peshawar.

Despite sustaining numerous injuries, including two gunshot wounds, he fearlessly led his troops; riding valiantly into battle even after his horse fell victim to enemy fire. Adaptability became his strength; he mounted an elephant and continued the fight, wielding a bow and arrow with ease. His unwavering determination and tactical prowess guided the Khalsa Sikh forces to victory.

Akali Phula Singh's indomitable spirit, resilience, and courage immortalised him as a true Khalsa Sikh warrior. His legacy serves as an inspiration, reminding us of the unbending nature of the Khalsa Sikh spirit, even in the face of adversity resonating through generations.

8	Martyrdom Bhai Mani Singh Ji	੮	ਸ਼ਹੀਦੀ ਭਾਈ ਮਨੀ ਸਿੰਘ ਜੀ
16	Divas Miri - Piri Martyrdom Bhai Taru Singh Ji	੧੬	ਦਿਵਸ ਮੀਰੀ ਪੀਰੀ ਸ਼ਹੀਦੀ ਭਾਈ ਤਾਰੂ ਸਿੰਘ ਜੀ
29	Parkash Guru Harkrishan Ji	੨੯	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਕ੍ਰਿਸ਼ਨ ਜੀ
31	Martyrdom Sardar Udham Singh Ji	੩੧	ਸ਼ਹੀਦੀ ਸਰਦਾਰ ਉਧਮ ਸਿੰਘ ਜੀ

harh ਹਾੜ੍ਹ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੭	੨੮	੨੯	੩੦	੩੧	੧	੨
੩	੪	੫	੬	੭	੮	੯
੧੦	੧੧	੧੨	੧੩	੧੪	੧੫	੧੬
੧੭	੧੮ 1	੧੯ 2	੨੦ 3	੨੧ 4	੨੨ 5	੨੩ 6
੨੪ 7	੨੫ 8	੨੬ 9	੨੭ 10	੨੮ 11	੨੯ 12	੩੦ 13
੩੧ 14	੩੨ 15	੧	੨	੩	੪	੫

sawan ਸਾਵਣ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੩੧	੩੨	੧ 16	੨ 17	੩ 18	੪ 19	੫ 20
੬ 21	੭ 22	੮ 23	੯ 24	੧੦ 25	੧੧ 26	੧੨ 27
੧੩ 28	੧੪ 29	੧੫ 30	੧੬ 31	੧੭	੧੮	੧੯
੨੦	੨੧	੨੨	੨੩	੨੪	੨੫	੨੬
੨੭	੨੮	੨੯	੩੦	੩੧	੧	੨
੩	੪	੫	੬	੭	੮	੯

August

sawan ਸਾਵਣ / bhadron ਭਾਦਰੋ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Bhai Kanhaiya - Mata Sahib Deva
Medium: Miniature Painting
Artist: Simran Kaur, UK
@simrankaurpanesar.arts
Commissioner: Amardeep Sanghera

During the siege of Anandpur in 1704 when the Khalsa and Guru Gobind Singh were fighting for the survival of the community, the food and medical supplies were running low. The Khalsa was engaged daily by Mughal and Hindu Pahari forces, which required the operational support from the non-combatant residents of Anandpur.

The city of Anandpur had infrastructure that was strategically built to support the community during these difficult times, most notable of which was Shahid Bagh (garden of Martyrs), which had an extremely large well. It was in this garden where the sick and injured were cared for. These wells are still used to this day and are visited by thousands yearly on festivals like Hola Mohalla.

Resident beyond the walls of the fort of Anandpur Sahib within the city itself, was the most famous caretaker Bhai Kanhaiya. A Sikh whose enlightened vision saw the Divine within all, enemy and friend alike. Bhai Kanhaiya would venture out on the battlefield to offer water and medical aid to injured soldiers on both sides of the battlefield.

Also renowned for providing care to the injured was Mata Sahib Devan, the youngest wife of Guru Gobind Singh. Her selfless service would earn her great respect in the eyes of the Khalsa warriors.

The resolve and compassion practised by Sikhs like Bhai Kanhaiya and Mata Sahib Deva speak of the enormity of ways in which Sikhs manifested the qualities praised by the Gurus.

26 Birth of
Bhai Daya Singh Ji

੨੬ ਜਨਮ ਦਿਨ
ਭਾਈ ਦਯਾ ਸਿੰਘ ਜੀ

29 Completion
Guru Granth Sahib
Finalised

੨੯ ਦਿਵਸ
ਸੰਪੂਰਨਤਾ ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ
ਸਾਹਿਬ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16 ਸ: bhadron	17
18	19	20	21	22	23	24
25	26 Summer Bank Holiday	27	28	29	30	31
1	2	3	4	5	6	7

sawan ਸਾਵਣ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੩੧	੩੨	੧	੨	੩	੪	੫
੬	੭	੮	੯	੧੦	੧੧	੧੨
੧੩	੧੪	੧੫	੧੬	੧੭	੧੮	੧੯
੨੦	੨੧	੨੨	੨੩	੨੪	੨੫	੨੬
੨੭	੨੮	੨੯	੩੦	੩੧	੧	੨
੩	੪	੫	੬	੭	੮	੯

bhadron ਭਾਦਰੋ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੭	੨੮	੨੯	੩੦	੩੧	੧	੨
੩	੪	੫	੬	੭	੮	੯
੧੦	੧੧	੧੨	੧੩	੧੪	੧੫	੧੬
੧੭	੧੮	੧੯	੨੦	੨੧	੨੨	੨੩
੨੪	੨੫	੨੬	੨੭	੨੮	੨੯	੩੦
੩੧	੧	੨	੩	੪	੫	੬



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September

bhadron ਭਾਦਰੋ / **assu** ਅੱਸੂ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Bota Singh - Garja Singh
Medium: Oil Painting
Artist: Mani Dhaliwal, CA
@manidizzle
Commissioner: Aran Sidhu

In the 18th century, amidst intense oppression, Khalsa warriors Bota Singh and Garja Singh emerged as symbols of unwavering Sikh spirit, against overwhelming odds. They set out to deliver a message that the Khalsa still remains in this world.

In an act of defiance, they established an outpost on a trade route near the village of Sarai Nur-udin, boldly taxing passersby to proclaim the enduring presence of the Khalsa. The local governor, threatened by their resilience, dispatched a battalion to capture them. Standing back-to-back armed only with wooden staffs, the Singhs repelled the initial onslaught effortlessly.

The cavalry were forced to use their firearms instead. Bota Singh and Garja Singh continued to press forward despite their gunshot wounds, and with death imminent they steadfastly crawled towards the enemy shouting out 'Akaal! Akaal!'. The sensational spirit of the Singhs continues to be remembered to this day – a marker of sacrifice, resolve, and fearlessness.

- | | |
|---|---|
| 4 Parkash
Sri Guru Granth Sahib Ji
at Darbaar Sahib | 8 ਪਰਕਾਸ਼
ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ,
ਸ੍ਰੀ ਹਰਿਮੰਦਰ ਸਾਹਿਬ |
| 5 Gurgaddi
Guru Arjan Dev Ji | ੫ ਗੁਰਿਆਈ
ਸ੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ |
| 6 Jyoti Jot
Guru Ram Das Ji | ੬ ਜੋਤੀ ਜੋਤ
ਸ੍ਰੀ ਗੁਰੂ ਰਾਮਦਾਸ ਜੀ |
| 13 Marriage
Guru Nanak Dev Ji | ੧੩ ਵਿਆਹ
ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ |
| 16 Gurgaddi
Guru Ram Das Ji | ੧੬ ਗੁਰਿਆਈ
ਗੁਰੂ ਰਾਮ ਦਾਸ ਜੀ |
| 18 Jyoti Jot
Guru Amar Das Ji | ੧੮ ਜੋਤੀ ਜੋਤ
ਸ੍ਰੀ ਗੁਰੂ ਅਮਰ ਦਾਸ ਜੀ |
| 22 Gurgaddi
Guru Angad Dev Ji | ੨੨ ਗੁਰਿਆਈ
ਸ੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ |
| 27 Jyoti Jot
Guru Nanak Dev Ji | ੨੭ ਜੋਤੀ ਜੋਤ
ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ |

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
1	2 Labour Day	3	4	5	6	7
8	9	10	11	12	13	14
15	16 ਸ: assu	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੭	੨੮	੨੯	੩੦	੩੧	੧	੨
੩	੪	੫	੬	੭	੮	੯
੧੦	੧੧	੧੨	੧੩	੧੪	੧੫	੧੬
੧੭	੧੮	੧੯	੨੦	੨੧	੨੨	੨੩
੨੪	੨੫	੨੬	੨੭	੨੮	੨੯	੩੦
੩੧	੧	੨	੩	੪	੫	੬

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੩੧	੧	੨	੩	੪	੫	੬
੭	੮	੯	੧੦	੧੧	੧੨	੧੩
੧੪	੧੫	੧੬	੧੭	੧੮	੧੯	੨੦
੨੧	੨੨	੨੩	੨੪	੨੫	੨੬	੨੭
੨੮	੨੯	੩੦	੩੧	੧	੨	੩
੪	੫	੬	੭	੮	੯	੧੦



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October

assu ਅੱਸੂ / kattak ਕੱਤਕ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Bidhi Chand

Medium: Digital Art

Artist: Jaspal Singh, IND

@jaspalsinghart

Commissioner: Rajinder Singh Bassi



Jodh Rai stood witness as Guru Hargobind made a request to his loyal disciple, a request which Jodh Rai knew would normally be considered impossible. Except that he knew this was no ordinary Sikh who had accepted the Guru's challenge.

Escaping with one horse from the fort of Shah Jahan was outrageously daring, but returning to the fort in order to retrieve the second was surely impossible?

And yet standing before them was Bidhi Chand, having only just returned from Lahore, where he spent months undercover in Shah Jahan's fort planning and successfully executing the audacious escape of Dilbaag, one of the emperor's prize horses. Bidhi Chand had agreed to the Guru's request to return to the fort in order to retrieve Gulbaag.

"If anything is possible it is only possible through your grace Guru Hargobind. Not only will I retrieve Gulbaag, but if it pleases you, I will remove Shah Jahan's shoes from his feet [without him realising] and bring them back!" The Guru smiled at Bidhi Chand's words and gave his blessing.

And so it was that Bidhi Chand, disguised as an astrologer, pulled off a brazen escape with Gulbaag, directly taunting the outraged emperor as he made his escape.

19 | Parkash
Guru Ram Das Ji

23 | Birth of
Bhai Dharam Singh Ji

25 | Jyoti Jot
Guru Har Rai Ji
Gurgaddi
Guru Harkrishan Ji

੧੯ | ਅਵਤਾਰ
ਸ੍ਰੀ ਗੁਰੂ ਰਾਮਦਾਸ ਜੀ

੨੩ | ਜਨਮ ਦਿਨ
ਭਾਈ ਧਰਮ ਸਿੰਘ ਜੀ

੨੫ | ਜੋਤੀ ਜੋਤ
ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਰਾਇ ਜੀ
ਗੁਰਿਆਈ
ਸ੍ਰੀ ਗੁਰੂ ਹਰਿਕ੍ਰਿਸ਼ਨ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17 ਸ: kattak	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

assu ਅੱਸੂ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੩੧	੧	੨	੩	੪	੫	੬
੭	੮	੯	੧੦	੧੧	੧੨	੧੩
੧੪	੧੫	੧੬	੧੭	੧੮	੧੯	੨੦
੨੧	੨੨	੨੩	੨੪	੨੫	੨੬	੨੭
੨੮	੨੯	੩੦	੩੧	੧	੨	੩
੪	੫	੬	੭	੮	੯	੧੦

kattak ਕੱਤਕ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੮	੨੯	੩੦	੩੧	੧	੨	੩
੪	੫	੬	੭	੮	੯	੧੦
੧੧	੧੨	੧੩	੧੪	੧੫	੧੬	੧੭
੧੮	੧੯	੨੦	੨੧	੨੨	੨੩	੨੪
੨੫	੨੬	੨੭	੨੮	੨੯	੩੦	੧
੨	੩	੪	੫	੬	੭	੮



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November

kattak ਕੱਤਕ / maghar ਮੱਘਰ
ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Guru Nanak Dev Ji
Medium: Acrylic on Canvas
Artist: Sunroop Kaur, US
@loquacious_lines
Commissioner: Aneesh Mann



During the 1520s, the bloodthirsty conquest of Babur, the founding emperor of the Mughal empire, had reached the Panjab region of India.

Guru Nanak Dev Ji, the founder of Sikhi, bore witness to the cruelty from the invasion of Babur. The Guru shared his account of this horror in four shabads which are collectively known as the Baburvani. No one was safe from the dark cloud of Babur as his invasions brought suffering and death to all no matter their beliefs or religion.

Even Guru Nanak was imprisoned under the rule of the Emperor. Despite being jailed and forced to undertake harsh labour, Guru Ji remained resolute and continued to sing kirtan and do simran. Guru Ji fearlessly criticised Babur, which ultimately led the emperor to reflect upon his actions, and in remorse free Guru Nanak from prison.

Prophesying the longevity of the empire, Guru Nanak ordered Babur to rule with justice and mercy.

1	Divas Bandi Chorr Guru Hargobind Ji Festival Diwali	੧	ਦਿਵਸ ਬੰਦੀ ਛੋੜ ਪਾਤਸ਼ਾਹੀ ਛੇਵੀਂ ਮੇਲਾ ਦੀਵਾਲੀ
3	Birth of Mata Sahib Devan Ji Gurgaddi Divas Sri Guru Granth Sahib Ji	੩	ਜਨਮ ਦਿਨ ਮਾਤਾ ਸਾਹਿਬ ਦੇਵਾਂ ਜੀ ਗੁਰਗੱਦੀ ਦਿਵਸ ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ
6	Jyoti Jot Guru Gobind Singh Ji	੬	ਜੋਤੀ ਜੋਤ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ
15	Parkash Guru Nanak Dev Ji	੧੫	ਅਵਤਾਰ ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ
30	Birth of Sahibzaada Zorawar Singh Ji	੩੦	ਜਨਮ ਦਿਨ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਜੋਰਾਵਰ ਸਿੰਘ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16 ਸ: maghar
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29	30
1	2	3	4	5	6	7

kattak ਕੱਤਕ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੮	੨੯	੩੦	੩੧	੧	੨	੩
੪	੫	੬	੭	੮	੯	੧੦
੧੧	੧੨	੧੩	੧੪	੧੫	੧੬	੧੭ ੨
੧੮ ੩	੧੯ ੪	੨੦ ੫	੨੧ ੬	੨੨ ੭	੨੩ ੮	੨੪ ੯
੨੫ ੧੦	੨੬ ੧੧	੨੭ ੧੨	੨੮ ੧੩	੨੯ ੧੪	੩੦ ੧੫	੧
੨	੩	੪	੫	੬	੭	੮

maghar ਮੱਘਰ						
ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੫	੨੬	੨੭	੨੮	੨੯	੩੦	੧ 16
੨ 17	੩ 18	੪ 19	੫ 20	੬ 21	੭ 22	੮ 23
੯ 24	੧੦ 25	੧੧ 26	੧੨ 27	੧੩ 28	੧੪ 29	੧੫ 30
੧੬	੧੭	੧੮	੧੯	੨੦	੨੧	੨੨
੨੩	੨੪	੨੫	੨੬	੨੭	੨੮	੨੯
੧	੨	੩	੪	੫	੬	੭



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December

maghar ਮੱਘਰ / poh ਪੋਹ

ਬਿਕ੍ਰਮੀ ੨੦੮੧, ਨਾਨਕਸ਼ਾਹੀ ੫੫੬

Title: Chote Sahibzaade

Medium: Digital Painting

Artist: Rajpal Singh, UK

@intrinsic_arts

Commissioner: Sharon Shoker

In Sirhind during the bitter winter of 1705, Mata Gujri and the Chote Sahibzaade, Baba Zoravar Singh (9 years old) and Baba Fateh Singh (6 years old) found themselves confined in a cold tower, exposed to the harsh North winds from the Himalayas.

The following day, they faced a perilous trial orchestrated by Nawab Wazir Khan. Given their tender age, attempts were made by Wazir Khan to coerce them into renouncing their Sikh identity; as Sikhs they would face threat of torture and death, but if they accepted Islam he would ensure that they would be rewarded handsomely.

Wazir Khan forced the two Sahibzaade to enter the courtroom through a small door so that they would inadvertently bow to his authority. In a brilliant display of wisdom and defiance, they walked in feet-first, avoiding bowing their heads towards the oppressor, and instead showed the contempt that they had for this sham trial.

The Chardikala of the Chote Sahibzaade continues to inspire generations, a powerful legacy of profound strength and unwavering conviction.

4	Gurgaddi Guru Gobind Singh Ji	੪	ਗੁਰਿਆਈ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ
6	Shaheedi Guru Tegh Bahadur Ji	੬	ਸ਼ਹੀਦ ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਸਾਹਿਬ ਜੀ
14	Birth of Sahibzaada Fateh Singh Ji	੧੪	ਜਨਮ ਦਿਨ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਫਤਹਿ ਸਿੰਘ ਜੀ
22	Shaheedi Sahibzaada Ajit Singh Ji Sahibzaada Jhujhaar Singh Ji	੨੨	ਸ਼ਹੀਦੀ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੀ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਜੁਝਾਰ ਸਿੰਘ ਜੀ
26	Shaheedi Mata Gujri Ji Sahibzaada Zoravar Singh Ji Sahibzaada Fateh Singh Ji	੨੬	ਸ਼ਹੀਦੀ ਮਾਤਾ ਗੁਜਰੀ ਜੀ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਜੋਰਾਵਰ ਸਿੰਘ ਜੀ ਸਾਹਿਬਜ਼ਾਦਾ ਬਾਬਾ ਫਤਹਿ ਸਿੰਘ ਜੀ

Sun ਐਤ	Mon ਸੋਮ	Tue ਮੰਗਲ	Wed ਬੁੱਧ	Thu ਵੀਰ	Fri ਸ਼ੁੱਕਰ	Sat ਸ਼ਨੀ
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 ਸ: poh	16	17	18	19	20	21
22	23	24	25 Christmas Day	26 Boxing Day	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੫	੨੬	੨੭	੨੮	੨੯	੩੦	੧
੨	੩	੪	੫	੬	੭	੮
੯	੧੦	੧੧	੧੨	੧੩	੧੪	੧੫
੧੬ 1	੧੭ 2	੧੮ 3	੧੯ 4	੨੦ 5	੨੧ 6	੨੨ 7
੨੩ 8	੨੪ 9	੨੫ 10	੨੬ 11	੨੭ 12	੨੮ 13	੨੯ 14
੧	੨	੩	੪	੫	੬	੭

ਐਤ	ਸੋਮ	ਮੰਗਲ	ਬੁੱਧ	ਵੀਰ	ਸ਼ੁੱਕਰ	ਸ਼ਨੀ
੨੩	੨੪	੨੫	੨੬	੨੭	੨੮	੨੯
੧ 15	੨ 16	੩ 17	੪ 18	੫ 19	੬ 20	੭ 21
੮ 22	੯ 23	੧੦ 24	੧੧ 25	੧੨ 26	੧੩ 27	੧੪ 28
੧੫ 29	੧੬ 30	੧੭ 31	੧੮	੧੯	੨੦	੨੧
੨੨	੨੩	੨੪	੨੫	੨੬	੨੭	੨੮
੨੯	੩੦	੧	੨	੩	੪	੫

1984

40 Years On

A newspaper clipping from the Indian Express. The headline reads "INDIRA GANDHI SHOT DEAD" in large, bold, black capital letters. Below it, in smaller capital letters, is the sub-headline "Attack by security guard". The clipping is torn and has red ink splatters on it. The word "INDIAN EXPRESS" is visible at the top of the clipping.

1984
INDIA'S
GUILTY
SECRET

By 4 November 1984, just four days after the outbreak of the violence and widespread bloodletting following the assassination of Indian Prime Minister Indira Gandhi, the situation in Indian Punjab appeared to have subsided almost as quickly as it had erupted. In its place remained its victims and their Sikh violence appeared to have subsided in the waters of wounded and distressed, among them countless widows and orphans. Little communities, particularly in the villages of Delhi, had been hit, killed, looted, the ground up, executed, raped and assaulted. Indian remains amongst the burning nothing but charred human remains amongst the dry red ashens of their temples and homes.

The immediate aftermath saw survivors relocate to 'refugee camps' or simply flee. It is estimated that up to 50,000 became internally displaced. Many heads turned towards Punjab, while others who could choose to leave the country altogether. Entire swathes of villages, towns and the capital city itself were essentially ethnically cleansed on a scale not seen since the Partition of 1947. Thirty-seven years on from the monumental horrors of the division of the subcontinent, a beleaguered community was once again on the move by any means necessary in order to reach safety.

What saved many Sikhs was the community's 'spirit of optimism'. Those who practised in the face of seemingly insurmountable odds of succumb to others who had lost everything. Volunteers serving free food, long hours, not only ensured that no one went hungry, but they also provided emotional support to the widows, whom they often had previously referred to as their sisters in an attempt to give them a sense of identity and belonging once again.

Car. Smith

Scan the QR Code to read and watch more

THE WIDOW
COLONY

the Widens Cove

This documentary is more than a diary, it's a testimony, a tribute, and an attempt to immortalize the memories of the survivors. It's a dedicated effort to acknowledge that has happened for decades, shedding light on the murky shadows of this often unspoken and unimaginable pain and trauma. Now, 40 years since these flames roared, it's time to witness and share the survivors and families' stories.

The documentary becomes a crucial instrument in the fight against historical amnesia, ensuring that the word remembers and claims from this dark chapter in our history. It serves as a vital reminder that the wounds of 1984 remain open, emphasising the need for continued efforts to address historical injustices and ensure that such atrocities are never repeated.

January 12

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Embracing Chardikala: The Ascending Spirit of Resilience and Optimism

The literal translation of Chardikala can be broken down into "Chardi" (forever ascending/uplifting) and Kala (spirits/mindset/power). In Sikh philosophy the concept of Chardikala is deeply intertwined with recognising the divine will; often referred to as "Bhana". Sikhs believe in accepting Bhana – the will of the Supreme Being – as the guiding force of the universe. Thus, it is the acceptance that everything that happens is part of Bhana; be it a challenge or a success.

Chardikala can also be described as the positive manifestation of one's thoughts and desires in any situation. It can, for example, encapsulate a warrior's desire to face his enemy on the battlefield and obtain a martyr's death, or exemplify the desire of a saint to sit in utter absorbed meditation of the divine.

Chardikala empowers us to actively pursue any dreams or aspirations we may have, whilst remaining firmly grounded in values, "Dharam". Chardikala embodies the acceptance of Bhana, and in addition, infuses our ambitions with positivity and determination.

Yet Chardikala is so nuanced that it is not restricted to merely being described as a passive acceptance; it also acts as a call to righteous action, "Karam".

If one pictures an ethical entrepreneur striving for success, Chardikala guides them to make decisions that resonate with fairness and justice, contributing positively to the world. Their ambitions, intertwined with the divine plan, fuel a business that thrives not just in profits but in moral integrity; reflecting the essence of Sikh values.

In the world of education, a student infused with Chardikala approaches their studies with enthusiasm; embracing both success and failure equally. Imagine a student who, despite facing tough exams, keeps their spirits high, learns from their mistakes, and continues to work hard with a positive mindset. It is the spirit that turns challenges into opportunities to learn and grow.

In sports, Chardikala is seen in those fans who never stop cheering for their team, regardless of the scoreline. Athletes exhibit Chardikala when they train tirelessly, face defeat with grace, and return to the field with renewed determination. Think of a football player who, after missing a goal, smiles, learns from the experience, and keeps giving their best. That's Chardikala driving them forward, reminding them that setbacks are just temporary.

In acts of service "Seva", Chardikala shines through the kindness and generosity of people helping one another. Consider a group of volunteers who band

together to maybe start a community farm or clean the neighbourhood of plastic waste. It is with Chardikala that they serve their community; spreading positivity and making the world a better place.

During tough times, Chardikala is the unwavering spirit that helps individuals and communities endure hardships. It is the mindset, strength and actions that guides us through storms, reminding us that even in the darkest moments there is a way forward. This is often the case when a community has been struck by a natural disaster - rather than succumbing to despair, the populace unite to provide support for one another. The hardships they encounter are met with the resilience and determination.

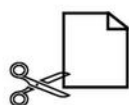
Chardikala is a conscious decision to act in harmony with the divine will and your own aspirations. It is about pursuing your dreams and ambitions with unwavering determination, meeting challenges with positivity and joy, acknowledging the inherent order in the universe, and adhering to one's values.

By embracing these principles, one can navigate life with enduring optimism; fully embracing the essence of Chardikala.

The cover art recalls the legendary tale of a 14 year old Hari Singh Nalwa (c.1804), who symbolised his remarkable courage when he encountered a tiger on a hunting expedition. Despite losing his horse in the attack, he fearlessly fought and killed the tiger using only a dagger and shield.

This artwork exemplifies his extraordinary resolve, and also has a surrealist metaphysical meaning. Hari Singh Nalwa's life was defined not just by this singular act but by his enduring spirit. He defended the Khybar Pass from Afghan forces invading the Sikh Empire, and he constructed strategic forts like Fort Jamraud, essential for safeguarding and expanding the Sikh territories.

In the words of the artist "The tiger represents the Invading Afghan Armies with Afghan soldiers trying to climb it so that they can reach Hari Singh Nalwa. Hari Singh Nalwa Fighting the tiger with Fort Jamraud in the background represents the might of the Sikh Empire. The Five rivers of Punjab flowing through Hari Singh signifies the loyalty and passion Nalwa had for his land and people. Hari Singh Nalwa's legacy extends far beyond battles; he contributed significantly to the Sikh Empire's growth, constructing over 56 buildings including forts, towers, gurdwaras, water tanks, samadhis, temples, mosques, towns, havelis, sarais and gardens. His life stands as a testament to bravery, determination, and a deep commitment to his people and homeland, and as a great exemplar of Chardikala.



Cut the artwork



Put in a frame



Give as a gift

Hari Singh Nalwa cover artwork by Sharandeep Singh, Insta @sarbloharts
Commissioner Manmoh Singh Johal
Fresco border by Gurpreet Mankoo, Insta @mankoo_atelier_miniature_art

realiseone.org

mahala9.com

[instagram.com/mahala.9](https://www.instagram.com/mahala.9)

● New Moon / Massiah

● Full Moon / Pooranmashi

**75% OF
PUNJAB'S
RIVER WATER IS
DIVERTED
TO OTHER
STATES-AN EST.
44 BILLION
LITRES DAILY**



**COUNTRY'S
HIGHEST
LEVELS OF
ARSENIC &
URANIUM
IS FOUND IN
PUNJAB'S
WATER**

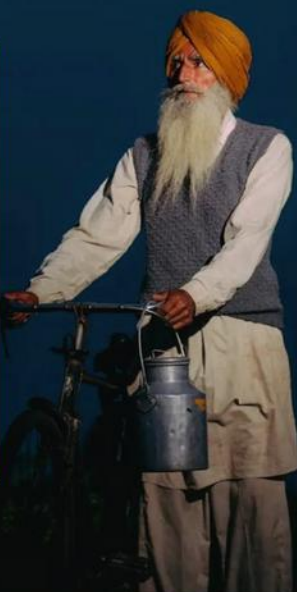


**PUNJAB
STUDENT
MIGRATION
IS HIGHEST
IN THE COUNTRY-
10X THE
NATIONAL
AVERAGE**

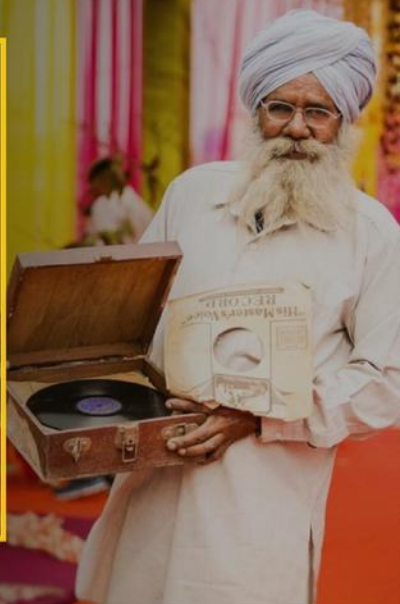


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**GOVERNMENT
FIGURES
SUGGEST AN
ESTIMATED
22,141 FARMER
SUICIDES
IN PUNJAB
FROM 2000 - 2020**



**PUNJAB
AMONG THE
HIGHEST
IN THE
COUNTRY
FOR HEART
DISEASE
HYPERTENSION
HEPATITIS
AND DIABETES**



**PUNJAB RANKED
HIGHEST
FOR DRUGS-
76% OF THE
USERS IN PUNJAB
ARE AGED BETWEEN
18 AND 35**



**#SAVING
PUNJAB**

MyPind Project

Following on from the MyPind survey we are pleased to introduce the MyPind project. The MyPind project aims to connect the Punjabi/Sikh diaspora from around the globe with their roots and to implement real and sustainable solutions.

First Phase of the MyPind Project:

- 1 Submit a request form for your chosen village to be referred.
- 2 The MyPind Project team will coordinate and direct experts to your village to undertake an in-depth analysis.
- 3 Key research and insight into your village will be presented in a comprehensive report, recognising any achievements and highlighting any areas of improvement.

**INTERESTED?
SCAN QR CODE
TO LEARN MORE.**



This project will provide clear specific direction for each village (Pind), to help create measured and targeted change **for a better Punjab.**